## JC WALLACE HOUSE

**Betty Dominici** 

CEO, Co-Founder

## JC WALLACE HOUSE

- Serves men and/or women from 18 to those Aging-in-Place
- Focused on clients with mental health and housing needs
- Licensed as an "Adult Residential Facility"
  - We refer to our "Facility" as a "Community" and
  - "Clients" as "Residents"
- To achieve their best life, we want our residents to feel part of something, more than a "facility", but a home and community
  - A community to learn and relearn new skills, by creating space for individuals and small groups to experience meaning and feel purposeful in their life.
- The community is not allowed to provide any medical care under this licensure

#### WHAT DOES IT MEAN TO BE AN "ADULT RESIDENTIAL FACILITY"

#### An Adult Residential Facility

- Lowest level of acuity that houses those with mental illness
  - Focus on support for those who have typically graduated from higher acuity settings
- Much of the programming done at JC Wallace House focuses on
   Life Skill Development
- This includes keeping doctor's appointments, managing hygiene,
   pursuing higher education or work, medication management, ongoing
   group or individual therapy, and socialization
- Our program is meant to be a supportive environment that prevents relapses back into higher levels of care and promotes the ability to then transition to stable housing and work

#### WHAT TYPES OF PROGRAMMING IS PROVIDED?

Our Program encourages Independent Living, enhancing Quality of Life

- Personal self-management
  - Coping with Stress, Managing Time, Taking Medication
- Managing Living in the Community
  - Taking Public Transportation, Obtaining a Real ID
- Improving Social and Communication Skills
- Financial Awareness and Money Management
- Personal Self-Care

Washing, Bathing, Cleaning Teeth, Shaving, Combing Hair, Getting Dressed

Domestic Tasks

Doing Laundry, Keeping a Room Tidy, Cooking Classes, Shopping for and Eating Healthy Food

Forward Planning

Applying for a Job, Guidance in Permanent Housing Searches

### **CLIENT SUCCESS ALL COMMUNITIES**

#### **546** Total Cases Served

### **80%** Successful Outcomes

- -39% Stabilized and Successful in Community
- -15% Completely Independent
- -6% Home to Family
- -9% Transitioned to a Standard 6-Bed Board & Care
- -10% Independent Living
- -28% Transitioned Back to Higher Level of Care

#### IS JC WALLACE HOUSE A LOCKED COMMUNITY?

- NO, under California Law, an Adult Residential Facility cannot prevent residents from leaving
- The program and staff, however, encourage residents to stay within the facility and the delayed egress system notifies staff whenever a resident leaves the facility
- Part of the therapeutic programming includes built-in incentives in the form
  of points that residents earn for success within the transitional steps of the
  program and for continued good behavior, which allow for greater freedom
  to leave the facility
- Most of the resident's activities are on-site (meals, therapy groups, social activities, etc.)
- Transportation is provided to outside appointments as needed

# WHAT DOES IT MEAN TO BE AN "ADULT RESIDENTIAL FACILITY"? ARE YOU A CRISIS CENTER?

- NO Crisis Centers are the initial point of stabilization when someone experiences a mental health crisis
  - Local Crisis Stabilization Units:
    - Windsor Crisis Stabilization Unit: 1481 N. Windsor Dr., San Bernardino
    - Merrill: 14677 Merrill Ave., Fontana

- Crisis centers have a wide range of techniques and tools available to them to stabilize a client who may be undiagnosed, unmedicated, or otherwise improperly treated for their mental illness
- Crisis centers are designed to accommodate residents in respite stays,
   usually from 1-7 days

# WHAT DOES IT MEAN TO BE AN "ADULT RESIDENTIAL FACILITY"? ARE YOU A PSYCHIATRIC HOSPITAL?

- NO. We are NOT an Institution for Mental Disease (IMD), Crisis Center,
   or similar Acute Care setting
- Our program is designed to be the second or third "step down" from
   Crisis Centers or Institutions for Mental Disease, and towards
   reintegration in non-supportive housing
- Local Psychiatric Hospitals:
  - Arrowhead Regional Med Center: 400 N. Pepper Ave., Colten
  - Canyon Ridge: 5353 G St., Chino
  - Community Hospital of San Bernardino: 1805 Medical Center Dr., San Bernardino
  - Jerry L. Pettis Memorial Veteran's Hospital: 11201 Benton St., Loma Linda
  - Loma Linda University Behavioral Med Center: 1710 Barton Rd., Redlands

## **THANK YOU**